

# Shanghai

Asian Kitchen

SINCE 1978



FRESH &  
DELICIOUS

DINE IN • TAKE-OUT • DELIVERY



[www.ShanghaiLakeJackson.com](http://www.ShanghaiLakeJackson.com)



# STARTERS

## SHANGHAI EGG ROLLS (2) \$3.47 (4) \$6.95

Classic Vietnamese pork & chicken egg rolls.

## VIETNAMESE SPRING ROLLS (2) \$6.75

Shrimp & pork wrapped in fresh rice paper with lettuce, & vermicelli noodles.

## SHANGHAI HOT WINGS (5) \$8.95 (10) \$12.75

5 FLAVORS: Original, Salt 'N' Pepper, General Tso', Vietnamese Spicy & Korean.

## TOFU SPRING ROLLS (2) \$6.50

## VEGETARIAN LETTUCE WRAPS \$11.50

Fried tofu sautéed with black mushroom, water chestnuts & served with fresh lettuce cups.

## SHRIMP EGG ROLLS (4) \$8.95



Shrimp Jalapeno Wontons

## CHEESE PUFFS (3) \$3.98 (6) \$7.95

Cream cheese & imitation crab meat filled fried wontons.

## SHANGHAI LETTUCE WRAPS \$11.50

Blend of chicken & pork sautéed with black mushroom, water chestnuts & served with fresh lettuce cups.

## CLASSIC DUMPLINGS (6) \$8.95

Classic chicken & pork dumplings served with delicious dunking sauce. [Steamed or Pan Fried]

## SHANGHAI BBQ RIBS \$12.50

Short ribs wok-seared with Shanghai's barbecue sauce.

## FOIL WRAPPED CHICKEN (6) \$7.95



Salt 'N' Pepper Calamari

## SALT 'N' PEPPER CALAMARI \$12.95

## FRIED WONTONS (6) \$6.95

## BEEF STICKERS (4) \$9.95

## SHRIMP JALAPENO WONTONS (6) \$10.95

## CHINESE SPRING ROLLS (2) \$6.95

Classic vegetarian egg rolls.

## SHRIMP TOASTS (4) \$4.97 (8) \$9.95

Shrimp spread on French toast, sprinkled with sesame seeds, & fried to golden brown.

## SHRIMP & PORK DUMPLINGS (5) \$10.75

## "PU-PU" PLATTER (FOR 1) \$12.95

Egg roll, crab puff, foil wrapped chicken, fried shrimp, beef sticker, wontons & shrimp toasts.



Appetizer "Pu-Pu" Platter [for 2]



# SOUPS & SALADS

⊗ EGG DROP SOUP CUP \$3.50 BOWL \$6.95

WONTON SOUP CUP \$3.50 BOWL \$6.95

🌶️ HOT & SOUR SOUP CUP \$3.50 BOWL \$6.95

Pork, tofu, and egg in a spicy & sour broth.

VIETNAMESE PHO \$12.95

Traditional Vietnamese rice noodles soup served in a rich steaming broth with fresh herbs and spices. [chicken, beef or tofu]

SIZZLING RICE SOUP \$11.95

Shrimp & chicken in a sweet & tangy broth with onion, carrots & green peas served with sizzling golden rice.

THREE DELICACIES SOUP \$11.95

Shrimp, chicken, & roasted pork blended in a rich broth with assorted vegetables.

VIETNAMESE EGG ROLL SALAD \$11.95

A bowl of vermicelli noodles over a bed of shredded lettuce, cucumber, bean sprout, & egg rolls, served with Vietnamese dressing. [Add roast pork or beef for \$2]

HOUSE SALAD \$4.95

Shanghai Lettuce Wraps



# SIDES

FRENCH FRIES \$3.50

CUP OF FRIED RICE \$1.95

CUP OF LO MEIN NOODLES \$1.50

CUP OF STEAM RICE \$1.50

STEAMED VEGETABLES \$3.95





# CLASSICS

**MALAYSIAN CURRY NOODLES W/CHICKEN \$11.95**  
**SHRIMP \$12.95**

Thin egg noodles sautéed with green onion, egg, white onion, bean sprouts & your choice of meat.

**SHANGHAI STREET NOODLES W/CHICKEN \$10.95**  
**SHRIMP \$12.95**

Wonton noodles sautéed in sesame oil with green onion, bean sprouts & your choice of meat.

**PAD THAI NOODLES W/CHICKEN, PORK OR TOFU \$11.95**  
**SHRIMP OR MIXED MEAT \$12.95**

Your choice of meat sautéed with thin rice noodles, eggs, bean sprouts, green onion & topped with crushed peanuts.

**MANDARIN NOODLES W/CHICKEN \$12.95**  
**SHRIMP \$13.95**

Your choice of meat sautéed with flat rice noodles, tomato, eggs, green onion, basil & bean sprouts in a sweet Mandarin sauce.

**SINGAPORE NOODLES W/CHICKEN OR PORK \$11.95**  
**SHRIMP OR MIXED MEAT \$13.95** **VEGETARIAN \$9.95**

Your choice of meat sautéed with thin egg noodles, green onion, eggs, carrots & bean sprouts in a spicy sauce.

**PAN FRIED (OR) LO MEIN NOODLES W/CHICKEN OR PORK \$11.95**  
**BEEF, SHRIMP OR MIXED MEAT \$13.95**

Your choice of meat sautéed with vegetables & served on top of pan fried egg noodles or stir fried with thick lo mein noodles.

**FRIED RICE W/CHICKEN OR PORK \$10.85**  
**SHRIMP, BEEF, MIXED MEAT, OR PORK BELLY \$12.95**

Steamed rice stir fried with peas, carrots, eggs, onion, and your meat choice.

**MOO SHU W/CHICKEN, PORK, OR VEGETARIAN \$12.95**  
**SHRIMP OR MIXED MEAT \$13.95**

Your choice of meat sautéed with black mushroom, wood ears, onion, cabbage and served with two Mandarin pancakes with hoi sin sauce.

House Fried Rice



**SWEET & SOUR W/CHICKEN OR PORK \$11.95**  
**SHRIMP OR MIXED MEAT \$12.95**

Your choice of meat battered, deep fried then served tossed in Shanghai's sweet & sour sauce with carrots and pineapples.

**EGG FOO YONG W/CHICKEN OR PORK \$13.95**  
**SHRIMP OR MIXED MEAT \$14.95**

Egg omelet pan-seared with peas, carrots, water chestnuts and onion then topped with your choice of meat sautéed in a light sauce.

**HONG SHU W/CHICKEN OR PORK \$13.95**  
**SHRIMP OR MIXED MEAT \$14.50**

Your choice of meat lightly battered, deep fried till crispy then served with sautéed water chestnuts, bamboo shoots, mushrooms, broccoli & carrots.

 **FIRE NOODLES W/CHICKEN OR PORK \$10.95**  
**SHRIMP \$12.95**

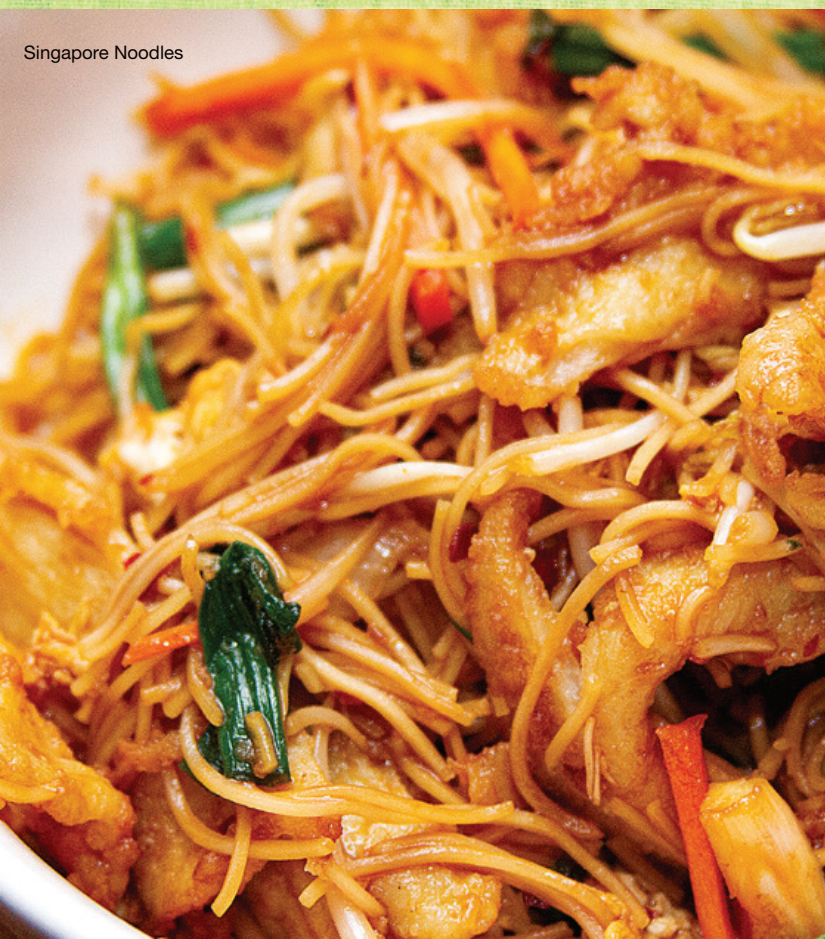
Your choice of meat sautéed with egg noodles, egg, bean sprouts, cilantro in a spicy sriracha sauce.

# ADD TO YOUR HUNGER

**Choose any dinner entree,  
add 2 egg rolls  
and your choice of a  
small soup or salad  
for an additional \$3.00**

Served with fried rice or white rice, except for noodle or fried rice entrees.

Singapore Noodles







General Tso's Chicken

# SPECIALS

## SESAME CHICKEN \$12.95

Lightly battered chicken glazed with delicious sweet sauce then tossed with toasted sesame seeds.

## FIVE TREASURES \$16.95

Shrimp, beef, chicken, roast pork & fried tofu, sautéed with vegetables in a brown sauce.

## 🔥 GENERAL TSO'S CHICKEN \$12.95

Lightly battered chicken glazed with a delicious sweet and spicy sauce.

## THREE DELICACIES \$15.95

Shrimp, chicken and sliced roast pork are sautéed with fresh Chinese vegetables.

## 🔥 YIN YANG SHRIMP \$16.95

Two specially prepared shrimp recipes, one is sweet and spicy, the other in a white wine sauce.

## 🔥 CHICKEN & SHRIMP WITH CASHEW NUTS \$16.75

Chicken & shrimp sautéed with broccoli, snow peas & Chinese vegetables in a dark spicy sauce.

## SHANGHAI SIZZLING BEEF \$17.95

Sliced beef sautéed with shrimp, crisp snow peas, mushrooms, and green onions. Served sizzling on a hot plate.

## 🔥 SALT & PEPPER CHICKEN & SHRIMP \$17.95



Salt n Pepper Shrimp

# FOR KIDS

Served with soup, salad, or 1 eggroll, fries or fried rice & drink.

Children 12 & under only.

CHICKEN, SHRIMP OR PORK FRIED RICE\*

CHICKEN OR SHRIMP NUGGETS

CHICKEN OR PORK LO MEIN\*

CHICKEN OR BEEF WITH BROCCOLI

# \$6.95

\*Not served with french-fries or fried rice.



# SEAFOOD

-  **SALT & PEPPER SHRIMP \$15.95**  
Lightly battered then stir-fried with onion, red bell pepper, jalapeño & dried peppers. Served with sweet chili sauce.
-  **SHRIMP IN HOT CHILI SAUCE \$14.95**  
Sautéed with onion & carrots in a spicy sauce.
-  **CURRY SHRIMP \$14.95**  
Sautéed with onion & green bell pepper in Chinese curry sauce.
-  **KUNG PAO SHRIMP \$14.95**  
Sautéed in a spicy sauce with sliced carrots and water chestnuts then tossed with roasted peanuts.
- IMPERIAL SHRIMP \$13.95**  
Deep fried in a light tempura batter & served with shredded scallion & tangy dipping sauce.
-  **HUNAN SHRIMP \$14.95**



Fried Fish

- SHRIMP WITH BROCCOLI \$14.95**
- SHRIMP WITH GREEN PEPPER & TOMATO \$14.95**
- SHRIMP WITH TOMATO & BASIL \$15.95**  
Sautéed with tomato, broccoli, basil and green onion in a sweet Mandarin sauce.
- FISH IN RICE WINE SAUCE \$13.95**  
Fillet of Cod fish lightly battered, deep fried, then sautéed in a light & sweet wine sauce.
- LEMONGRASS SHRIMP WITH BROCCOLI \$14.95**  
Sautéed with onion, red bell pepper & broccoli in a spicy lemongrass sauce.
- FRIED FISH \$13.95**  
Served with fries and a cup of steamed broccoli.



Pepper Steak

# BEEF

-  **PEPPER STEAK \$14.50**  
Sliced tender beef sautéed with onion & green bell pepper.
-  **MONGOLIAN BEEF \$15.75**  
Sliced beef sautéed with dried red chili peppers, green and white onion in a dark sauce & served on a bed of crispy rice noodles.

- GENERAL TSO'S BEEF \$15.95**  
Fried beef & broccoli glazed with delicious sweet & spicy General Tso's sauce.
- BEEF WITH BROCCOLI \$14.50**  
Sliced beef sautéed with broccoli and sliced carrots.
- BEEF WITH CHINESE VEGETABLES \$14.50**
-  **BEEF IN HOT CHILI SAUCE \$14.75**  
Sliced beef sautéed with onion and carrots in a spicy sauce.
-  **HUNAN BEEF \$14.95**  
Sautéed with crisp baby corn, carrots, mushrooms, broccoli, red dry pepper & snow peas in a spicy Hunan sauce.

 = Spicy dishes and or contains dried red chili peppers.

 = Gluten free.

Our food is prepared fresh each time you order. Please specify degree of spiciness to suit your taste. Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.





# VEGETARIAN

## VEGETABLE LO MEIN \$9.95

Mixed vegetables served with soft lo mein noodles.

## MIXED VEGETABLE DELUXE \$11.75

Mushroom, bamboo shoots, crisp snow peas, baby corn & broccoli in a light brown sauce.

## VEGETARIAN FRIED RICE \$9.75

Stir fired with eggs, peas, carrots, mushroom, and snow peas.

## MOO SHU VEGETABLES \$11.95

Black mushroom, wood ears, & cabbage served with Chinese wraps.

## 🌶️ GENERAL TSO'S STYLE TOFU \$13.95

Fried tofu & broccoli glazed with sweet & spicy General Tso's sauce.

## SHANGHAI TOFU \$13.75

Fresh tofu deep fried & sautéed with crisp mixed vegetables.

## MALAYSIAN CURRY NOODLES WITH TOFU \$12.95

Fried tofu sautéed with thin egg noodles, green onion, white onion, egg, & bean sprouts.

## 🌶️ SALT & PEPPER TOFU \$12.95

Fried tofu stir-fried with red bell peppers, onion, jalapeño & dried red chili peppers. Served with sweet chili sauce.

## 🌶️ VEGETARIAN SINGAPORE NOODLES \$9.75

Thin noodles sautéed with onion, diced bamboo & carrots, eggs, scallions, & bean sprout in a spicy sauce. [Add tofu for \$2]

# PORK

## 🌶️ JALAPENO PORK \$12.95

## 🌶️ TWICE COOKED PORK \$11.75

Thinly sliced roast pork are sautéed with green pepper and cabbage in a spicy sauce.

## PORK BELLY FRIED RICE \$12.95

## YU HSIANG PORK \$11.95

Pork sautéed with bamboo shoots, water chestnuts, mushrooms in a spicy sauce.

## ROAST PORK WITH VEGETABLES \$12.95

Thinly sliced roast pork sautéed with assorted Chinese vegetables.

## 🌶️ HOT & SPICY DICED TOFU \$13.50

Soft tofu cubed and sautéed with pork in a spicy sauce with peas & carrots.

# CHICKEN

## 🌶️ JALAPENO CHICKEN \$12.95

## 🌶️ KUNG PAO CHICKEN \$11.95

Sautéed in a spicy sauce with sliced carrots and water chestnuts & topped with roasted peanuts.

## 🍴 MOO GOO GAI PAN \$11.95

Sliced chicken breast sautéed with fresh Chinese vegetables in a light sauce.

## 🌶️🍴 CURRY CHICKEN \$11.95

## CHOW MEIN CHICKEN \$11.95

## 🌶️ HUNAN CHICKEN \$13.25

Sliced chicken breast sautéed with crisp baby corn, carrots, broccoli, mushrooms & snow peas in a spicy Hunan sauce.

## 🌶️ SALT & PEPPER CHICKEN \$14.50

Lightly battered then stir-fried with onion, red bell pepper, jalapeño & dried peppers. Served with sweet chili sauce.

## SUNGUM GAI PAN \$11.95

Sliced chicken breast sautéed with fresh Chinese vegetables in a dark Hunan sauce.

## 🌶️ LEMONGRASS CHICKEN WITH BROCCOLI \$12.95

Sliced chicken breast sautéed with onion, red bell pepper & broccoli in a spicy lemongrass sauce.

## ORANGE CHICKEN \$12.95

Lightly battered and sautéed in a delicious sweet & tangy sauce with a touch of orange peel.

## CHICKEN WITH BROCCOLI \$11.95

Sliced chicken breast sautéed with steamed broccoli and sliced carrots in a dark sauce.

## 🌶️ CHICKEN IN HOT CHILI SAUCE \$11.95

Sliced chicken breast sautéed with onion & carrots in a spicy sauce.

## LEMON CHICKEN \$11.95

Sliced chicken breast battered & deep fried until golden brown, topped with sweet lemon sauce.





# LET'S DO LUNCH

## THE QUICK & EASY

- SOUP OR SALAD & 2 SHANGHAI EGG ROLLS \$6.95
- 5 WINGS WITH FRIES \$9.25
- SOUP & HOUSE SALAD \$5.95

## THE LUCKY NOODLE

[Served with 2 Shanghai egg rolls and soup or salad]

- PAD THAI NOODLES CHICKEN OR PORK \$11.95  
SHRIMP OR MIXED MEAT \$12.95  
Thin rice noodles sautéed with eggs, bean sprouts, green onion & topped with crushed peanuts.
- LO MEIN CHICKEN OR PORK \$11.95  
SHRIMP OR MIXED MEAT \$12.95  
Thick noodles sautéed with assorted chinese vegetables.

- 🌶️ SINGAPORE NOODLES  
CHICKEN OR PORK \$11.95  
SHRIMP OR MIXED MEAT \$12.95  
Thin egg noodles sautéed with green onion, carrots, eggs, and bean sprout in spicy Hunan sauce.

## FROM THE WOK

[Served with 2 Shanghai egg rolls, fried rice, soup or salad]

- 🌶️ KUNG PAO CHICKEN \$11.95  
Sautéed in a spicy sauce with dried red peppers, sliced carrots, water chestnuts and topped with peanuts.
- SUMGUM GAI PAN \$11.95  
Sliced chicken breast sautéed with fresh Chinese vegetables in a dark Hunan sauce.
- MOO GOO GAI PAN \$11.95
- CHICKEN WITH BROCCOLI \$11.95  
White meat sautéed with broccoli and sliced carrots in dark sauce.
- 🌶️ CHICKEN IN HOT CHILI SAUCE \$11.95  
White meat sautéed with diced carrots, onion & green onion in a spicy sauce.

- BEEF WITH BROCCOLI \$12.95  
Sliced beef sautéed with broccoli and sliced carrots in dark sauce.

- 🌶️ PEPPER STEAK \$12.95  
Sliced beef sautéed with onions and green peppers.

- HUNAN BEEF \$12.95  
Sautéed with dried red peppers, mushrooms, broccoli & assorted vegetables in a spicy sauce.

- CHICKEN & SHRIMP W/CASHEW NUTS \$13.50  
Sautéed with broccoli, snow peas & assorted vegetables in a dark spicy sauce topped with cashew nuts.

- LEMON CHICKEN \$11.95  
Sliced chicken breast deep fried until, topped with a sweet lemon sauce.

## THE FAVORITES

[Served with 2 Shanghai egg rolls, fried rice, soup or salad]

- 🌶️ GENERAL TSO'S CHICKEN \$11.95  
Lightly battered and glazed with Shanghai's special sweet & spicy sauce.

- ORANGE CHICKEN \$11.95

- FRIED RICE  
CHICKEN OR PORK \$10.95  
SHRIMP OR MIXED MEAT \$11.95  
Stir fried with eggs, peas, carrots and onion & your choice of meat.

- SWEET & SOUR  
CHICKEN OR PORK \$10.95  
SHRIMP OR MIXED MEAT \$11.95  
Your choice of meat battered then deep fried and served tossed in Shanghai's favorite sweet & sour sauce with carrots & pineapples.

- HONG SHU  
CHICKEN OR PORK \$11.95  
SHRIMP OR MIXED MEAT \$12.95  
Your choice of meat lightly battered, deep fried then served with sautéed Chinese vegetables.

## THE VEGETARIAN

[Served with 1 Chinese spring roll]

- MALAYSIAN CURRY TOFU \$11.95
- 🌶️ SALT N' PEPPER TOFU \$12.95
- VEGETARIAN SINGAPORE NOODLES \$9.95

